



## Oregon Food Bank Volunteer Job Description

**Job Title:** Instructor, Nutrition Education Program

**Job Location:** Oregon Food Bank kitchen and various site locations throughout Portland metropolitan area

**Staff Contact:** Julie Webber  
Nutrition Education Program Coordinator  
(503) 419-4183  
[jwebber@oregonfoodbank.org](mailto:jwebber@oregonfoodbank.org)

### Position Summary:

- ◆ Communicate all recipe selections to Program Coordinator before On-Site Training
- ◆ Instruct a class of 8-15 students on a variety of cooking techniques and how to create healthy meals
- ◆ Communicate class format and needs to Lead Assistant and Shopper
- ◆ Assist Participants with skills, ideas, and solutions which enhance their food/nutrition knowledge
- ◆ Clearly communicate OFB's mission and purpose of class series
- ◆ Review following week's menu with shopper and discuss any changes to ingredients
- ◆ Coordinate class laundry procedures with volunteer team

**Physical / Age requirements:** 18+ years. Work conditions may include standing, pushing, pulling, lifting, bending in a standard kitchen environment.

### Skills / Experience required:

- ◆ Experienced cooking skills
- ◆ Desire to work one-on-one with participants
- ◆ Ability to work collaboratively within a team
- ◆ Good communication skills
- ◆ Willingness to adhere to program policies and team decisions

**Time Commitment:** 2-3 hours per week for a 7-week course

**Resources Provided:** Orientation to program, Curriculum Training and On-Site Training with Program Coordinator, Agency Contact, and Volunteer Team.

**How does this help Oregon Food Bank?** Oregon Food Bank's Nutrition Education Program offers cooking classes to low-income individuals to help them make the most of their food resources. By providing cooking, nutrition, and food budgeting skills to those who struggle to feed their families, the Nutrition Education Program makes a lasting impact on *ending hunger at its root causes*. Students walk away with the necessary skills to make healthy and economical food choices.